

外国人住民のための生活がイドブック

Living Guide Book for Foreign Residents



Contents

1. Introduction to Ube City	• • • 4
2. Service Counter Quick Reference Chart (1) [Residents New to Ube City/Japan] Procedures for Registering as a New Resident · · · · · · · · · · 5 (2) [Residents] Procedures for Registered Residents · · · · · · · · · · 8 (3) [Moving/Leaving Japan] Procedures for Leaving/Transferring Registration of Residence · · · 10	•••5
3. Important Information for Life in Ube City (1) Procedures that Can be Performed at Ube City Hall 1. Resident Registration · · · · · 12 A. Moving in/Entering Japan: 12 B. Relocating: 13 C. Moving/Leaving Japan: 13 D. Issuing Certificates of Residence: 13 2. Marriage/Divorce · · · · · · 14 A. Marriage: 14 B. Divorce: 14 3. Births/Deaths · · · · · · 15 A. Births: 15 B. Deaths: 15 4. Inkan Seal Registration · · · · · · · 16 5. National Pension · · · · · · · · 16 6. National Health Insurance · · · · · 17 7. Medical Care System for Older Senior Citizens · · · 17 8. Nursing Care Insurance · · · · · · 18 10. Child Care · · · · · · · · · 18	•••12
11. Pregnancy and Child Care · · · · · · · · · · · · 18 12. Water and Sewerage · · · · · · · · · · · · · · · · · · ·	

(2) Private Sector Procedures		
1. Electricity · · · · · · · · 21		
2. Gas · · · · · · · · · · · · 21		
3. Cell Phones · · · · · · · · 21		
4. NHK Fees · · · · · · · · · 21		
5. Postal Service • • • • • • 21		
(3) Other Important Information		
1. Maintaining Health • • • • 22		
2. Medical Care · · · · · · · · 22		
3. Finding Work • • • • • • 22		
4. Transport · · · · · · · · · · 23		
5. Neighborhood Associations • • 25		
6. Disposing of Garbage · · · · 25		
7. Learning Japanese · · · · 26		
8. Driving · · · · · · · · · · · · 26		
4. Emergencies		• • • 27
(1) Illness/Injuries · · · · · · · · · · · · · · · · · · ·	27	
(2) Fire · · · · · · · · · · · · · · · · · · ·	27	
(3) Traffic Accidents/Crime · · · · · · · · · · · · · · · · ·	27	
(4) Earthquakes · · · · · · · · · · · · · · · · · · ·	28	
(5) Heavy Rainfall During Rainy Season · · · · · · · ·	28	
(6) Typhoons/Storm Surges: • • • • • • • • • • • • • • • • • • •	28	
5. Ube City General Consultation Desk for Foreign Residents		• • • 30
6. Telephone Numbers for City Facilities		• • • 31
7. Non-Municipal Consultation Services		• • • 34

1. Introduction to Ube City

Location and Natural Environment

Ube City is in southwestern Yamaguchi Prefecture, situated to the west of Honshu. The city is bordered by Sanyo Onoda City to the west, Yamaguchi City to the east, Mine City to the north, and the Seto Inland Sea to the south.

Major railroads include the JR Sanyo Main Line and JR Ube Line, which run east-west. The Sanyo Expressway crosses the city's center, providing road-based access. Other access includes Ube Port, a major coastal facility, and Yamaguchi-Ube Airport, which is located close to the city center. The city, therefore, has excellent access to land, sea, and air-based transport.



The city's proximity to the Seto Inland Sea creates a mild climate with relatively little rainfall. The hills north of the city's center are rich in nature and are home to various plants and animals, while Ube City's southern portion borders the ocean. It is, therefore, blessed with both mountain and coastal environments. Additionally, the Majime and Koto Rivers, which run through the city, provide valuable waterfront environments.

Ube City Statistics

Population: 155,345 (as of May 1, 2025) Households: 79,840 (as of May 1, 2025)

Area: 286.65 square kilometers

Average Temperature: 16.1°C (statistics from 2002-2010)





Fujigochi Tea Plantation



Tokiwa Zoo



Ube City Fireworks Festival



Tokiwa Plant Museum



Kiwa La Beach

2. Service Counter Quick Reference Chart

(1) [Residents New to Ube City/Japan] Procedures for Registering as a New Resident Procedures at City Hall

Notifications	Content	More Details	Section in Charge/Contact Information	Tel.
Resident Registration	Mid/long-term residents entering Japan or moving to the city from other municipalities are required to register as residents in Ube, as are those who have newly obtained mid/long-term resident status.	12	Front Desk, Public Affairs Division	0836-34- 8238
Inkan Seal Registration	May be required for contracts and other purposes.	16		
National Pension	People between the ages of 20 and 60 who are registered as residents in Japan must be enrolled in the National Pension (excluding members of employee pension plans and their dependent spouses). You will need your residence card to enroll in the program.	16	Administration and Pension Desk, National Insurance and Pension Division	0836-34- 8292
National Health Insurance/Medical Care System for Older Senior Citizens	If you don't have any other medical insurance, you must enroll in the National Health Insurance scheme. Those aged 75 older are enrolled in a separate scheme. You will need your residence card to enroll in the program.	17	Assessment Desk, National Insurance and Pension Division Older Senior Citizens' Medical Care Desk, National Insurance and Pension Division	0836-34- 8287 0836-34- 8343
Nursing Care Insurance	People over 65 years of age will be sent a nursing care insurance card at a later date.	17	Nursing Care Insurance Desk, Nursing Care Insurance Division	0836-34- 8297

Child Care	Families raising children may be		Child Policy	0836-34-
(Benefits/Medical Care),	eligible for benefits and		Division	8330
Single Parent Families	assistance with medical fees.	18		
	You must apply to receive these			
	benefits.			
Nursery Schools	Procedures are required for		Nursery and	0836-34-
	admission into Nursery Schools.	-	Kindergarten	8327
			Division	
Elementary and Middle	Please contact the board of		School Education	0836-34-
Schools	education/individual schools.	-	Division	8609
Water and Sewerage	Notification is required to use		Operations	0836-21-
	this service.	10	Division,	2304
		18	Waterworks	
			Bureau	
Motorized Bicycles	Motorcycles (motorized bicycles		Tax Administration	0836-34-
(Motorcycles, etc.)	with a displacement of 125 ccs		Division	8197
Light Vehicle Taxes (by	or less) and small special			
category)	vehicles for agricultural use, etc.			
	that are stored within Ube City			
	require a license plate. These			
	are issued by Ube City Hall.			
	For registrations/change of			
	ownership of motorcycles with a	19		
	displacement of 126 ccs or			
	more, please contact the			
	Yamaguchi Transportation			
	Bureau (Tel: 050-5540-2073).			
	Motorcycles and light vehicles			
	require payment of a light			
	vehicle tax (per-category) once			
	a year.			

Private Sector Procedures

Notifications	Content	Details Page	Contact	Tel.
Bicycles	When you buy a bicycle, be sure to		Bicycle stores	
	register it at the store (bohan toroku)			
	as a theft-prevention measure. If		Ube Police Station	0836-22-
	your bike is stolen, report it to the	-		0110
	police immediately.			
	You should also register bicycles that			
	you have received from others.			
Electricity	An application is required to utilize		Chugoku Electric	0120-
	electricity.		Power Co., Inc.	613-270
		21	Ube Sales Center	
Gas	An application is required to utilize		Gas companies	
	gas.			

(2) [Residents] Procedures for Registered Residents

Procedures at City Hall

Notifications	Content	Details Page	Section in Charge/Contact Information	Tel.
Resident Registration	If you move to an address within Ube City, you must register your residency within 14 days of moving.	12	Front Desk, Public Affairs Division	0836-34- 8238
Issuing Certificates of Residence	A document that proves your name, address, nationality, etc. Requires an issuance fee.	13	Front Desk, Public Affairs Division	0836-34- 8238
Marriage	Foreign nationals who get married in Japan are required to notify both the city hall and their embassy or consulate. Filing requirements differ depending on whether the marriage is between foreign nationals or a foreign national and a Japanese citizen.	14	Family Registry Desk, Public Affairs Division	0836-34- 8237
Divorce	Notification should be provided to your embassy or consulate if the divorce is between foreign nationals. Divorces between foreign nationals and Japanese citizens require that the city hall and embassy or consulate be notified. Filing requirements differ depending on whether the divorce is between foreign nationals or a foreign national and a Japanese citizen.	14		
Births	Births require the submission of a birth certificate within 14 days of birth.	15		
Deaths	When a family member or someone living with you dies, a death notice must be filed within seven days of learning of the death.	15		

Procedures Outside City Hall

Notifications	Content	Details Page	Inquiries	Tel.
Lost Passports	If you lose your passport or have it		Ube Police	0836-
	stolen, report it to your local police		Station	22-0110
	station and have a "Certificate of Report			
	of Loss or Theft" (funshitsu (tonan)		Your embassy	
	todokede shomeisho) issued. Take this		or	
	certificate to your embassy or consulate	-	consulate in	
	in Japan to have your passport reissued.		Japan	
	Please call the embassy/consulate to			
	confirm what you will need for these			
	procedures.			
Lost	If you lose your residence card (alien		Hiroshima	083-
Residence	registration card) or have it stolen, you		Regional	261-1211
Cards (Alien	can have it reissued at the Immigration		Immigration	
Registration	Office. Please call the immigration office	-	Bureau,	
Card)	in advance to confirm what you will need		Shimonoseki	
	for these procedures.		Branch Office	
Loss of	If you lose or have your Individual		Ube Police	0836-
Individual	Number Card or Notification Card (see		Station	22-0110
Number Card	page 20 for details) lost or stolen, report			
(My Number)	it to your local police station and ask for			0836-
	a "Certificate of Report of Loss or Theft"	-	My Number	34-8264
	(funshitsu (tonan) todokede shomeisho).		Desk, Public	
	For information on reissuing your		Affairs Division	
	Individual Number Card, please contact			
	the city hall.			

(3) [Moving/Leaving Japan] Procedures for Leaving/Transferring Registration of Residence

Notifications	Content	Details Page	Section in Charge/Contact Information	Tel.
Resident	If you move to another municipality,		Front Desk, Public Affairs	0836-
Registration	you must notify Ube City of your		Division	34-8238
	move. Ube City will issue a Moving-			
	Out Certificate (tenshutsu			
	shomeisho). This will be required to	12		
	perform moving-in procedures at			
	your new address. If you are leaving			
	Japan, please complete these			
	procedures in advance.			
Inkan Seal	If you have a seal registration	4.0		
Registration	certificate (card), please return it.	16		
National	No procedures are required.		Administration and	0836-
Pension		16	Pension Desk, National	34-8292
		16	Insurance and Pension	
			Division	
National Health	Please return your Certificate of		Assessment Desk,	0836-
Insurance/Medic	Eligibility. Procedures will be required		National Insurance and	34-8287
al Care System	to settle your premiums.		Pension Division	
for Older Senior		17	Older Senior Citizens'	0836-
Citizens			Medical Care Desk,	34-8343
			National Insurance and	
			Pension Division	
Nursing Care	Please return your nursing care		Nursing Care Insurance	0836-
Insurance	insurance card.	17	Desk, Nursing Care	34-8297
			Insurance Division	
Child Care	If you are receiving medical fee		Child Policy Division	0836
(Benefits/Medic	assistance, please return your	40		34-8330
al Care), Single	recipient's card. Procedures will be	18		
Parent Families	required if you are receiving benefits.			
Nursery Schools	Please submit a notice of withdrawal		Nursery and Kindergarten	0836-
	to the Nursery School.	_	Division	34-8327
Elementary and	Contact the school directly.		School Education Division	0836-
Middle Schools		-		34-8609
Water and	A notification is required for service to	40	Operations Division,	0836-
Sewerage	be terminated.	18	Waterworks Bureau	21-2304

Motorized Bicycles	Before moving out or leaving the		Tax Administration	0836-
(Motorcycles, etc.)	country, you must return your Ube		Division	34-8197
Light Vehicle Taxes	City license plate to the city hall. If	City license plate to the city hall. If		
(by category)	you are in Japan, you may be			
	able to apply for a new license	19		
	plate at your new municipality.			
	Procedures are also required			
	when giving a vehicle to someone			
	else.			
Designating a Tax	Before leaving Japan, you must			
Administrator	notify Ube City if you have (or will	20		
	have) any taxes to pay.			

Note: A tax administrator (*nozei kanrinin*) is a person appointed to process the submission of national and local tax returns, etc. for those who are not living in Japan.

Private Sector Procedures

Notifications	Content	Details Page	Section in Charge/ Contact	Tel.
Bicycles	If you give your bicycle to someone, please cancel your theft-prevention registration (bohan toroku). The new owner must re-register the bicycle. You will also need to cancel your registration when disposing of the bicycle.	-	Bicycle stores	
Electricity	Procedures are required to terminate services. Procedures are required to terminate services.	21	Chugoku Electric Power Co., Ube Sales Center Gas Companies	0120- 613-270

3. Important Information for Life in Ube City

- (1) Procedures that can be Performed at Ube City Hall
 - 1. Resident Registration (Front Desk, Public Affairs Division, Tel: 0836-34-8238)
 - A. Moving to and from Japan

If you have mid/long-term resident status (spouse of a Japanese national, fixed/permanent resident, etc.) and have started living in Ube City, or if you have newly obtained mid/long-term resident status, please register at the Public Affairs Division at city hall. Registration must be completed within 14 days of the date you start living in Ube City.

Examples of Situations Requiring	Required items
Procedures	
- Moving to Japan	- Residence cards of all new residents
- Moving from another municipality	- (If your residence card has not been issued yet)
- Obtaining mid/long-term resident	Passports of all new residents
status	- Moving-Out Certificate (tenshutsu shomeisho) (see
	note 1)
	- Basic Resident Registration Card or Individual Number
	Card (see note 1)
	- If you are moving to Japan with your family, original
	documents that prove your relationship with your
	family and Japanese translations of these documents
	(see note 2).
	- Power of Attorney (when the notifying individual is
	acting on behalf of the applicant)

Note 1: Only for moving in.

Note 2: Not required if this can be confirmed through the Moving-Out Certificate.

B. Relocating

If you relocate within Ube City, you must report your change of address. Notification of change of residence must be made within 14 days of the date you start living there.

Examples of Situations	Required items
Requiring Procedures	
- Moving within Ube City	- Residence Card
	- Basic Resident Registration Card or Individual Number Card
	- If you will be moving into a household with foreign nationals,
	you will need to submit original and translated documents
	proving your relationship with these individuals (documents
	are not required if your relationship won't change).
	- Items with your former address on them, such as a national
	health insurance certificate of eligibility or nursing care
	insurance card.
	- Power of Attorney (when the notifying individual is acting on
	behalf of the applicant)

C. Moving/Leaving Japan

You must notify Ube City if you leave the country or move to another municipality. You will need a Moving-Out Certificate (*tenshutsu shomeisho*) to register with your new municipality.

Examples of Situations	Required items
Requiring Procedures	
- Permanently leaving Japan	- Residence Card
- Moving to another	- Inkan seal registration card (if you have one)
municipality	- Power of Attorney (when the notifying individual is acting on
	behalf of the applicant)

D. Issuing Certificates of Residence

Receive a "Request for Copy of Certificate of Residence" at the service counter and fill in the name and address of the person whose certificate you are requesting, as well as your name and address.

Applicants will be required to verify their identity at the service counter.

2. Marriage/Divorce (Family Registry Desk, Public Affairs Division, Ube City Hall, Tel: 0836-34-8237)

A. Marriage

Under Japanese law, marriages must be registered at a city hall/municipal office for the marriage to be legally established. The following documents are required, but additional information may be requested.

For more information on how to fill out the form and on what documents are required, contact the Public Affairs Division at Ube City Hall.

Necessary items for marriages between foreign	Necessary items for marriages between a foreign	
nationals	national and a Japanese citizen	
- Marriage registration	- Marriage registration	
- Certificate of no impediment to marriage		
- Certificate of nationality	<for citizens="" japanese=""></for>	
- Photo identification such as a Residence Card	- Documents to verify your identity (a document issued	
or passport	by a government office with a photo that has not	
	expired)	
	<for foreign="" nationals=""></for>	
	- Certificate of no impediment to marriage	
	- Certificate of nationality	
	- Photo identification such as a residence card or	
	passport	

Documents written in a language other than Japanese must be accompanied by a Japanese translation. (The Japanese translation must include the date of translation and the translator's name and address.) Marriage registration requires two adult witnesses.

Foreigners are also required to notify their embassy or consulate separately in order to register their marriage in their home country.

Note: If a foreign national changes their name after marriage to a Japanese citizen, an application must be made to change the listing on their Japanese spouse's family register. The Japanese spouse is required to make this application, providing proof of the name change through translations of applicable documents.

B. Divorce

Under Japanese law, divorces must be registered at a city hall/municipal office for the divorce to be legally established.

The required documents will differ depending on the nationalities involved, so please contact the Public Affairs Division at Ube City, as well as your country's consulate/embassy.

Births/Deaths (Family Registry Desk, Public Affairs Division, Ube City Hall, Tel: 0836-34-8237)

A. Births

When a child is born, the birth must be reported within 14 days of the date of birth. Birth registration forms can be received at the hospital where the child was born, alongside a birth certificate.

Examples of Situations Requiring Procedures	Required items
- A child has been born	- Birth registration
	- Birth certificate
	- Parent and Child Heath Handbook (Maternal
	and Child Health Handbook)
	- National Health Insurance Card (only if you
	are using National Health Insurance)

Note: You must obtain a residence permit to allow your child to continue to live in Japan. Please apply for a residence permit at the Shimonoseki Branch Office of the Hiroshima Regional Immigration Bureau (Tel: 083-261-1211) within 30 days of birth.

B. Deaths

When a family member or someone living with you dies, a death notice <u>must be filed within seven</u> days of learning of the death. You must also notify your home country's embassy or consulate. "Notification of Death" forms can be received with the death certificate prepared by the hospital where the death occurred or by the doctor who confirmed the death.

Examples of Situations Requiring Procedures	Required items
- A family member or a roommate has died	- Death notification
	- Death certificate

Note: You must submit the deceased's Residence Card or special permanent resident certificate to the Shimonoseki Branch Office of the Hiroshima Regional Immigration Bureau (Tel: 083-261-1211) within 14 days of death.

4. Inkan seal registration (Front Desk, Public Affairs Division, Ube City Hall, Tel: 0836-34-8238)

Seals are an important item that serve the same purpose as a signature.

For example, a contract to buy a house or a car may require you to have a registered seal (*jitsuin*) and a seal registration certificate. A registered seal is a seal registered with the city hall. Only one seal can be registered per person. Registered seals can only be used by a single individual.

Only seals with your name, alias, or name in katakana (as registered on your certificate of residence) can be used as registered seals.

You must be 15 years of age or older and be a registered resident of Ube City to register your seal. A "seal registration card" will be issued when you register your seal. Ensure you bring your seal registration card with you when required.

The person performing the procedure	Required items	Notes
The individual themselves	- Seal to be registered - Photo identification such as a passport or residence card - Money to pay registration fees	If you plan to make a new seal that you will register, please contact the city hall in advance to make sure that it is a type that can be registered.
Representative	 Seal to be registered Photo identification such as the passport or residence card belonging to the seal's owner The representative's seal Notification of appointment of a representative form (dairinin sennin todoke) Representative's identifying documents Seal registration application form Application for a seal registration certificate 	If the applicant is unable to make the application in person due to illness or other unavoidable reasons, an application via a representative may be possible. Please contact the Front Desk, Public Affairs Division at Ube City Hall in advance. Please note that same-day registration is not available.

 National Pension (Administration and Pension Desk, National Insurance and Pension Division, Ube City Hall, Tel: 0836-34-8292)

The National Pension is a public pension plan administered by the government. People between the ages of 20 and 60 who are registered as residents in Japan must be enrolled in the National Pension (excluding members of employee pension plans and their dependent spouses).

The public pension includes an old-age pension, as well as a disability pension and survivor's pension that are provided in case of emergencies.

The National Pension Insurance premium is about 17,000 yen per month. If you have been paying the premiums for at least six months, you may be able to receive a lump-sum withdrawal payment by making a request within two years of your departure.

There is also a system to exempt or defer the payment of insurance premiums for people with low income who have difficulty paying the premiums (requires approval).

6. National Health Insurance (Assessment Desk, National Insurance and Pension Division, Ube City Hall, Tel: 0836-34-8287)

National Health Insurance is a social security system that provides peace of mind by allowing all residents of Japan to receive medical treatment in the event of illness or injury.

Those who will be living in Japan for three or more months, are under the age of 75, and are not covered by their workplace's medical insurance must pay for National Health Insurance. Premiums are determined by income and other factors. Payment is compulsory.

You must notify the city office if you want to join or withdraw from the National Health Insurance system.

If you fail to enroll, you may have to pay the full amount of your medical bills in the event of a sudden illness or injury. When seeing a doctor at a hospital or other medical facility, you must bring your "My Number Health Insurance Card" or "Certificate of Eligibility." By providing the "My Number Health Insurance Card" or "Certificate of Eligibility," you can receive medical treatment at a rate that is appropriate for your age and income.

You may also be able to receive benefits for medical expenses in case of birth or death or if you have a high medical expense by applying to the city hall.

People over 40 years of age who are enrolled in the National Health Insurance scheme are entitled to specific health checkups for the early detection of lifestyle-related diseases and the prevention of serious illnesses.

For more information on procedures and for details of the system, please contact the National Insurance and Pension Division, Ube City Hall.

7. Medical Care System for Older Senior Citizens (Older Senior Citizens' Medical Care Desk, National Insurance and Pension Division, Ube City Hall, Tel: 0836-34-8343)

The Medical Care System for Older Senior Citizens is designed to provide peace of mind for the elderly. All persons 75 years of age or older who have an address in Ube City (except for short-term visitors whose period of stay is three months or less or those receiving public assistance, etc.) are covered by this insurance.

People between the ages of 65 and 74 can also apply for and enroll in the program if they have a disability (e.g., Physical Disability Certificate Levels 1 to 3).

If you present your "My Number Health Insurance Card" or "Certificate of Eligibilty" when you visit a medical facility, your co-payment ratio for medical expenses paid will be between 10-30%. Co-payment and premium percentages are determined by income and other factors.

8. Nursing Care Insurance (Nursing Care Insurance Desk, Nursing Care Insurance Division, Ube City Hall, Tel: 0836-34-8297)

The nursing care insurance system is designed to support a society taking care of elderly individuals. Those who are over 40 years old and have lived in Japan for more than three months are eligible. Individuals requiring nursing care due to being bedridden or due to dementia or that require support in day-to-day life can apply. Those deemed eligible can receive nursing care services with a copayment of 10-30%. Co-payment and premium percentages are determined by income and other factors.

9. Welfare for Individuals with Disabilities (Disability Certificate and Medical Care Desk, Disabled Citizen's Welfare Division, Ube City Hall, Tel: 0836-34-8314)

A variety of support is provided for people with psychological, intellectual, and physical disabilities, including consultations, benefits, medical care, disability welfare services, and access to welfare facilities. Those with physical disabilities are entitled to receive a Physical Disability Certificate, those with intellectual disabilities are entitled to a Rehabilitation Certificate, and those with mental illnesses that limit their daily and social life are entitled to a Mental Health and Welfare Certificate.

10. Child Care (Benefits/Medical Care), Single Parent Families

(Allowance and Medical Care Desk, Child Policy Division, Ube City Hall, Tel: 0836-34-8330)

Families with children younger than high school age are eligible for a child allowance and subsidies for medical expenses. Single-parent families with a child 18 or younger can receive a child support allowance and a subsidy system for single-parent family medical expenses, and families raising a child under 20 years of age with psychological, intellectual, or physical disabilities are entitled to special child support payments.

Each system has different income limits. For more information on the procedures and systems, please contact the Child Policy Division at Ube City Hall.

11. Pregnancy and Child Care

(Child-raising Support Division (Welfare Fureai Center), Tel: 0836-31-1732)

If you become pregnant, your health care provider will provide you with a Pregnancy Notification Form. Bring this form to the Comprehensive Support for Child Rearing Generations Center "UBE KODOMO KATEI CENTER UbeHapi" at the Maternal and Child Health Desk, Child-raising Support Division. You will receive a Maternal and Child Health Handbook (Mother and Child Health Handbook) and a Pregnancy Health Examination Form.

The Maternal and Child Health Handbook (Maternal and Child Health Handbook) records the progress of the pregnancy and childbirth, as well as the child's growth and development up to the point that they enter school. The handbook also records health checkups, vaccinations, and other important matters.

Please contact us if you need a maternal and child health handbook in a foreign language.

12. Water and Sewerage (Operations Division Desk, Waterworks Bureau, Tel: 0836-21-2304)

Contact the Waterworks Bureau's Operations Division in advance if you would like to start/stop receiving municipal water. Once service commences, water bills are paid once every two months. If your residence has access to sewerage, you will also pay a sewer usage fee every two months, depending on the amount of water used.

13. Municipal Housing (Municipal Housing Desk, Housing Planning Division, Ube City Hall, Tel: 0836-34-8427)

Municipal housing is managed by Ube City, and rent is determined by income.

Applications for municipal housing tenancy can be made in April, July, October, and January of each year.

If you are interested in moving in, please contact the Municipal Housing Desk, Housing Planning Division at Ube City Hall.

14. Taxes

There are two types of taxes: those that are paid to the country and those that are paid to the prefecture or municipality.

Individuals and corporations are subject to income tax (national tax) and residential tax (prefectural/municipal tax) on their income, while buildings, land, and other real estate are subject to property tax (municipal tax) and city planning tax (municipal tax). Cars and motorcycles are also subject to an automobile tax (prefectural) and a light vehicle tax (municipal), depending on their engine displacement.

All of these taxes have a fixed deadline for payment. If you miss this deadline, you will be sent a reminder, plus a reminder fee or late fee. Your property may be forcefully repossessed if you don't pay your taxes when prompted to do so.

Income Tax (Ube Tax Office, Tel: 0836-21-3131)

You must file a tax return with the tax office to determine your yearly income tax (national tax) from January 1 to December 31 of each year.

Those whose annual salary exceeds 20 million yen, those whose monthly salary is not deducted from their wages, those who receive a salary from more than one employer, and those who have income in addition to their salary (except for income other than salary of 200,000 yen or less), etc. must file tax returns between February 15 and March 15 of the following year.

Please contact the Ube Tax Office for more information on the documents required for filing a tax return.

• Residential Tax (Municipal Tax and Prefectural Tax) (Tax Administration Division, Ube City Hall, Tel: 0836-34-8187)

Depending on your income from the previous year, you must pay a combination of municipal and prefectural taxes to the city where you lived on January 1 as a residential tax.

If you have not had residential tax deducted from your salary, you will receive a tax notice from city hall every June. Use this tax notice to pay your residential taxes.

• Vehicle Taxes (by type) (Yamaguchi Prefecture Ube Prefectural Taxation Office, Tel: 0836-21-2118)
If you own a car (excluding a light vehicle) on April 1, you are required to pay an automobile tax (the prefectural tax) to the prefecture. You will receive a tax notice from the prefectural tax office in May of each year. Use this tax notice to pay your car tax (by category).

To undergo a vehicle inspection (*shaken*), you will need a receipt (tax payment certificate). Please keep your receipts in a safe place.

• Light Vehicle Tax (by type) (Tax Administration Division, Ube City Hall, Tel: 0836-34-8197)

On April 1 of each year, people who own motorcycles, light vehicles (see notes), etc., must pay a

light vehicle tax (by type municipal tax) to the city. You can pay this tax using the tax notice you receive from the city each May.

The "Tax Payment Certificate (for Vehicle Inspection) for Light Vehicle Tax (by Type)" that you received when you paid the tax may be needed when you undergo a vehicle inspection (*shaken*) for your light vehicle, so please keep it in a safe place.

Note: light vehicles are three and four-wheeled vehicles up to 660 cc displacement with yellow license plates. (May not always be yellow, due to being a commemorative license plate, etc.)

• Property Tax and City Planning Tax (Property Tax Division, Ube City Hall, Tel: 0836-34-8191)
On January 1 of each year, people who own fixed assets (land, buildings, depreciable assets (machinery, equipment and facilities used for business purposes, structures (other than houses), vehicles, ships, etc., tools, equipment, and fixtures)) in Ube City must pay a fixed asset tax and city planning tax (tax imposed on land and buildings in certain taxation areas in the city) to the city. You can pay your taxes using the tax notice you receive from City Hall in April each year.

Please contact us if there is a change in your taxable fixed assets due to sale or demolition.

Designating a Tax Administrator

You must designate a tax administrator (*nozei kanrinin*) to handle tax-related matters after you leave the country. This individual must be living in Japan.

[Paying Taxes]

Insurance and usage fees and taxes can be paid at financial institutions in the city, at the city hall main office, civic centers, and convenience stores throughout the city. You will need your payment slip to pay.

15. Individual Number Cards (My Number) (City Hall My Number Promotion Division Tel: 0836-34-8264)

My Number

My Numbers (identification numbers similar to social security numbers) are assigned to people living in Japan. Each person has a unique number. You will receive an "Individual Number Notice" by registered mail within around one month of notifying us of your move to Ube City.

My Number Card

A plastic IC card that allows you to verify your individual number and identity. It also provides access to a variety of government services. These cards are issued upon application. There is no initial issuance fee.

When your period of stay is changed due to an updated residence card status, please apply for a My Number card expiration date extension at city hall.

(2) Private Sector Procedures

1. Electricity

Check with your real estate agent or landlord for details on using electricity.

If you want to apply directly, please contact Chugoku Electric Power Co.'s Ube Sales Center (Tel: 0120-613-270). Fees are billed on a monthly basis.

2. Gas

Check with your real estate agent or landlord if you want to use gas.

If you want to apply directly, contact a gas company or gas dealer.

Check with your gas company or gas dealer for rates and payment options.

3. Cell Phones

Cell phones can be purchased at a cell phone store.

Please speak to the store for payment options.

4. NHK Fees

(Contracts... Tel: 0120-151515, Receiving Fees... Tel: 0570-077-077)

NHK is a public broadcaster. Anyone who owns a television must pay a subscription fee to NHK.

Please contact NHK for information on contract procedures and payment methods.

5. Postal Service

If you notify the post office of your new address when you move, your mail will be delivered to your new address for one year from the date of submission (only available for addresses within Japan).

(3) Other Important Information

- 1. Health Management (Health Promotion Division (Ube City Public Health Center) Tel: 0836-31-1777)

 Take the following steps to maintain your physical and mental health:
 - Get regular health checkups.
 - Prevent infectious diseases and avoid seasonal illnesses with vaccinations.
 - If you have concerns regarding your physical or mental health, please consult the Ube City Public Health Center.

2. Medical Care

Medical consultations are available at any time. Decide in advance which hospital near your residence you will use in emergencies.

(Flow of treatment)

1. At Reception	Tell the receptionist whether this is your first visit or not. For your first visit, you	
1. At Neception	Tell the receptionist whether this is your first visit or flot. For your first visit, you	
	will need to fill out a medical questionnaire and provide your insurance card and	
	other documentation. From your second visit onwards, you can either provide	
	your consultation card or write your name in the receptionist's book.	
2. Medical	When your name is called, you will enter the examination room and receive	
Examination	treatment.	
3.Payment/	Payment will be made at the cashier's desk after treatment. In some cases, you	
Receipt of	may be given medication, but in most cases, you will receive a prescription.	
Prescriptions	Take this prescription to the pharmacy to pick up your medication. You will need	
	to pay for the medication. If you receive ongoing treatment, make sure you know	
	the date of your next visit.	

Note: If you have any treatment limitations related to religion or pre-existing medical conditions, please consult with your doctor before starting treatment.

When your local hospital is closed or for emergency treatment on holidays and at night, you can call the Ube City Holiday and Night Emergency Clinic (Tel: 0836-31-1099).

3. Finding Work

If you want to work in Japan, you must obtain a status of residence that allows you to work, or you can apply to the Immigration Bureau (Shimonoseki Branch Office of the Hiroshima Regional Immigration Bureau Tel: 083-261-1211) to obtain permission to work with your current status. Ensure your residency status allows you to work before seeking a job.

Hello Work Ube (Tel: 0836-31-0164) can assist you in finding work.

4. Transport

A. Buses

Take a numbered ticket from the machine installed inside the doors when you board. When you get off the bus, place the applicable fare for the ticket number (indicated at the front of the bus) in the farebox next to the driver's seat. The farebox doesn't provide change. Use the money changer installed nearby as required.

The next stop will be announced, so use the stop button to let the driver know when you want to get off.

B. Trains

Before boarding, check the fare on the fare chart and purchase a ticket from the machine at the station. Give your ticket to the station staff at your destination station's ticket gate or put it in the collection box.

C. Taxis

Raise your hand to hail taxis you see or call a taxi company to have one dispatched to you. Tell the driver where you are going when you get in.

<Public Transportation>

Buses:	Ube Bus	Tel: 0836-31-1133
	Funaki Railway (Sentetsu Bus)	Tel: 0836-67-0321
	Sanden Kotsu (Ozuki Sales Office)	Tel: 083-282-0606
JR (Railroad)	JR Ube-Shinkawa Station	Tel: 0836-31-1050
Taxis:	Suzuran Taxi	Tel: 0836-21-2105
	Ube Sanden Taxi	Tel: 0836-44-1144
	Seibu Tomoe Kotsu	Tel: 0836-31-3185
	Tokiwa Taxi	Tel: 0836-21-4141
	Ube Sogo Taxi	Tel: 0836-31-1733
	Ube Konai Taxi	Tel: 0120-571-773
	Ube Daiichi Kotsu	Tel: 0120-37-3249
	Orient Kotsu	Tel: 0836-33-7799
	Funaki Kotsu	Tel: 0836-67-0238

D. Traffic Rules

- In Japan, cars, motorcycles, and bicycles drive on the left side of the road, and pedestrians walk on the right side of the road.
- Driving under the influence of alcohol is strictly prohibited.
- Driving without a license is strictly prohibited.
- Cell phone use is prohibited when driving.
- Insurance is required for cars or bicycles.

(Rules for Pedestrians)

- Stay on the sidewalk.
- If there are no sidewalks, stay on the right side of the road.
- Use crosswalks and pedestrian bridges to cross roads.
- Do not cross roads in areas where there are signs that prohibit crossing.
- At intersections with traffic lights, make sure that the pedestrian crossing light in your direction of travel has been turned green before crossing. Do not start crossing when the green pedestrian light is flashing.
- Always stop and wait when the alarm begins sounding at a railroad crossing or when the boom gate lowers.

(Rules for Cyclists)

- Whenever possible, keep in a single file to the left side of the road.
- Be sure to obey the traffic lights and do not cross through intersections when the light is red.
- Regularly service and check your bike's brakes and lights.
- Do not ride with two people, hold umbrellas, or ride side-by-side.
- Always turn on your lights at night.
- Do not leave your bike in areas that block traffic.
- Helmets are strongly encouraged. Please wear one when riding a bicycle.

(Rules for Cars and Motorcycles)

- Ensure you have your driver's license with you.
- All passengers must fasten their seat belts.
- Always wear a helmet when riding a motorcycle.
- Do not drive a car or motorcycle that has not been inspected (shaken) or that is uninsured.
- Do not park in areas where parking is prohibited.
- In the event of a traffic accident, be sure to contact the police (Tel: 110).

5. Neighborhood Associations (Community Development Promotion Desk, Civic Activity Division, Ube City Hall, Tel: 0836-34-8233)

Neighborhood associations are voluntary organizations run by residents. Each community and housing complex in Ube has its own neighborhood association. The associations carry out various activities to ensure that residents can live safely and peacefully. For example, they clean up parks and streets, maintain garbage collection areas, conduct disaster prevention activities, and hold festivals and sports events to promote friendship among residents.

We encourage you to join your neighborhood association as they are often responsible for providing the "Koho Ube" circular (a document with announcements from local authorities that goes around each household in turn).

However, becoming a member means abiding by the rules, including the payment of membership fees.

For information on how to join neighborhood associations, membership fees, rules, etc., please check with the representative from your local neighborhood association.

If you would like to know who represents your local neighborhood association, please speak to your neighbors or the Community Development Promotion Desk, Civic Activity Division, at Ube City Hall.

6. Disposing of Garbage (Waste Management Division, Ube City Hall, Tel: 0836-34-8247)

Garbage collection days differ depending on your district. Check your district's "Garbage Collection Calendar" for details.

Ube City is making efforts to promote waste reduction and recycling, so please comply with all sorting and disposal rules. Furthermore, garbage placed outside designated areas is strictly punishable by law.

(Rules for Sorting and Disposing of Trash)

- Use garbage bags designated by Ube City.
- Put out garbage by 8:30 on the morning of the collection day.
- Dispose of your garbage at your designated place (garbage collection area).
- Sort garbage properly.

For information on the types of garbage and how to dispose of them, please check the Ube City website.

• Ube City Official Website QR Code



(https://www.city.ube.yamaguchi.jp/kurashi/gomi/dashikata/1002007.html)

You can also easily learn more about how to separate trash and collection dates by adding "Ube City" as a friend on your smartphone through LINE (free app, information in Japanese only).

QR code to add Ube City as a LINE friend

How to Register:



- 1. Open LINE on your smartphone.
- 2. Open the QR reader by clicking "Home> Add Friends> QR Code"
- 3. Scan the QR code to the left.
- 4. Click the "Add" button once the "Official Ube City" account appears.
- 5. Check the information provided via the chat thread.

7. Learning Japanese

Japanese language classes in Ube City are offered to foreigners who want to learn Japanese.

Classes are divided into different levels.

For more information, please contact the Japanese language clubs below:

- -Japanese Club Ube Tel: 090-7544-4039
- -Group KonnichiWA Email: catsnagayama@hotmail.com
- -Japanese class for residents from foreign countries (Kuroishi) Email: hiroribenyuzhidao@gmail.com
- 8. Driving (Yamaguchi Prefecture General Center Tel: 083-973-2900)

Those with foreign driver's licenses need one of the following to drive in Japan:

- A Japanese driver's license
- An International Driver's License in accordance with the Geneva Convention
- A driver's license from a country with special exceptions (Switzerland, Germany, France, Belgium, Monaco, and Taiwan)

Note: A translation of the driver's license issued by a consular agency or the Japan Automobile Federation must be kept on you at all times.

• Period during which you can drive

One year from the date of entry into Japan or the period of validity of the driver's license, whichever is shorter. (However, if a person on the Basic Resident Register leaves Japan and returns within a very short period of time (less than three months), the date of entry is the date of first entry into Japan.)

Obtaining a Japanese Driver's License

If you have a foreign driver's license and meet the following conditions, you will be exempted from certain parts of the driving test (written test and practical test) after undergoing screening to confirm that you can drive in Japan.

- Those who have a valid foreign license and have lived in the foreign country for a total of 3 months or more after receiving the license.

4. Emergencies

(1) Sickness, Injury: Fire/Ambulance Service (Tel: 119).

In the event of a sudden illness or serious injury, ask a friend or neighbor for help or call an ambulance (Tel: 119). When you call for an ambulance, tell them where they are needed as well as your name and phone number.

(2) Fire: Fire/Ambulance Service (Tel: 119).

In the event of a fire, yell out, "Fire!" (*kaji da!*) to let others know. Call the fire department at 119 and give them the location of the fire, your name, and phone number. If there is a large amount of smoke from a fire, or if you have difficulty putting out the fire by yourself, put a wet towel over your mouth and nose, get low to the floor, and immediately evacuate to a safe place.

Many of Japan's houses are made of wood. When a fire breaks out, it can spread quickly through the neighborhood.

Always ensure that you:

- Have a fire extinguisher at the ready.
- Get into the habit of ensuring you extinguish any flames before you go to bed or when you leave the house.
- Do not smoke in bed or carelessly dispose of cigarettes.
- To prevent fires caused by arson, do not leave flammable items outside your house.
- Do not leave the area when deep-frying food/heating oil.
- Do not play with fire.

Fires are more common in the winter because of the dry air. Ensure proper caution when using fire.

(3) Traffic accidents, crimes: (Tel: 110)

If you are the victim of a car accident or crime, contact the police and explain the situation.

(4) Earthquakes

Japan is prone to earthquakes. Make sure you know the safest place in your home, how to contact your family in case of an emergency, where to evacuate, and the phone number of your country's embassy or consulate.

Prepare the following in case of earthquakes:

- Keep flashlights, towels, a change of clothes, gloves, drinking water, food, first aid supplies, portable radio, masks, etc. in a backpack or other container that you can easily carry.
- Apply shatterproof film to windows and shelves to prevent injuries.
- Fix furniture to the wall to prevent injuries from collapsing bookcases, chests of drawers, and other furniture.
- If an earthquake occurs when indoors, use cushions or a heavy quilt to protect your head from falling objects and take shelter under a table. When outdoors, be careful of falling objects, remain low to the ground in an open area away from buildings, walls made of brick or concrete blocks, utility poles, etc.
- When evacuating, wear shoes or slippers to avoid injury from broken glass.
- Always carry important documents such as your passport and residence card with you when you evacuate. Be aware that there may be ongoing aftershocks after major earthquakes.

(5) Heavy Rainfall During Rainy Season

There is an increased risk of mudslides and flooding due to heavy rainfall during the rainy season (*tsuyu*) in Japan (June to July each year). Please pay close attention to weather information and any notifications from the city.

(6) Typhoons/Storm Surges

Typhoons tend to approach and make landfall in the Japanese archipelago between August and October each year. When a typhoon approaches, landslides, flooding, and storms caused by heavy rainfall can cause extensive damage over large areas. Don't leave the house unnecessarily during a typhoon. Pay attention to weather information and notifications from the city. You should evacuate immediately if the city issues evacuation instructions for evacuation in your area. If you feel that you are in danger, try to evacuate voluntarily as soon as possible, even if an evacuation notice hasn't been issued, or ask for help from your neighbors.

Ube City has been severely damaged by storm surges on several occasions in the past. A storm surge is a phenomenon in which a typhoon or strong low-pressure system causes the sea level to rise to abnormally high levels near the coast. Check disaster hazard maps in advance and stay away from dangerous areas when a typhoon is approaching.

If a disaster strikes and you are in danger, use the evacuation shelters and emergency evacuation sites designated by Ube City. Not all shelters and emergency evacuation sites can be used to evacuate from all disasters. Check the city's website in advance for information on evacuation centers and emergency evacuation sites in the area. If you have any questions about shelters and emergency evacuation sites, please contact the Disaster Prevention and Crisis Management Division at Ube City Hall (Tel: 0836-34-8139).

Ube City publishes an easy-to-understand "Ube City Disaster Risk Reduction Guidebook" which details what to do in case of an emergency or disaster, what you can do in your daily life to prepare, and more. The "Ube City Disaster Risk Reduction Guidebook" is available in 6 languages, including English, (simplified) Chinese, Vietnamese, Indonesian, Tagalog, and easy Japanese.

You can see the guidebook on the official Ube City website or at the Tourism Exchange Division.

Multilingual Ube City Disaster Risk Reduction Guidebook:

https://www.city.ube.yamaguchi.jp/shisei/keikaku/kokusai/1016265/1024602.html

"Safety tips," a disaster risk reduction app, has a variety of functions to help keep you safe, such as weather and evacuation information, communication cards that can be used in emergencies, and information about the types of disasters in Japan.

Please install this app if you have a smartphone.

*Available in 14 languages (English, Chinese (simplified and traditional), Korean, Japanese, Spanish, Portuguese, Vietnamese, Thai, Indonesian, Tagalog, Nepali, Khmer, Burmese, and Mongolian)

- Download here:

for iPhone for Android





- Usage fee:

Free of charge

Note: Data transfer fees associated with the use of the app are to be paid for by the user.

5. Ube City General Consultation Desk for Foreign Residents

Ube City General Consultation Desk for Foreign Residents

Consultation services are available in 20 languages and easy Japanese for anyone experiencing trouble in their daily life or difficulty understanding things. Not only for foreign residents, but Japanese residents with related concerns as well.



procedures



Labor











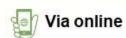
Contact us



0836-34-8136



At City Hall





https://logoform.jp/f/ZtOiS



Consultation Days & Hours

Mon-Fri

*Closed weekends, holidays, and the New Year holiday season.

From 8:30AM to 5:15PM



Languages available via phone interpretation for consultations

English

中文/Chinese

한국어/Korean

Español/Spanish

Português / Portuguese

Tiếng Việt / Vietnamese

Tagalog

Bahasa Indonesia / Indonesian

แบบใหย/Thai

नेपाली/Nepali

မုန်မာဘာသာ/Burmese

Français/French

ភាសាខ្មែរ/Cambodian Монголхэл/Mongolian

සිංහල/Sinhala

Urdu / اردو

বাংলা ভাষা / Bengali

Русский язык/Russian

Українська мова / Ukrainian

Arabic / اللغة العربية



6. Telephone numbers of public facilities in the city

City Hall, etc.	
City Hall	0836-31-4111
Board of Education	0836-34-8604
Branch Offices and Civic Centers	
Higashikiwa Civic Center	0836-58-2311
Nishikiwa Civic Center	0836-51-9001
Konan Civic Center	0836-41-8320
Hara Civic Center	0836-41-8348
Koto Civic Center	0836-62-0001
Futamatase Civic Center	0836-62-0180
Ono Civic Center	0836-64-2111
Kusunoki Civic Center	0836-67-2813
Community Centers/Neighborhood Halls	
Higashikiwa Community Center	0836-58-2098
Nishikiwa Community Center	0836-51-9249
Onda Community Center	0836-21-0349
Misaki Community Center	0836-21-1625
Mizome Community Center	0836-21-0348
Rinpokan Kamiube Hall/Kami-Ube Community Center	0836-34-2535
Kamiube Community Center	0836-21-1473
Kamihara Community Center	0836-32-6280
Kotoshiba Community Center	0836-21-1534
Shinkawa Community Center	0836-21-2258
Unoshima Community Center	0836-31-1862
Fujiyama Community Center	0836-21-1608
Hara Community Center	0836-43-1050
Koto Community Center	0836-62-0049
Futamatase Community Center	0836-62-0068
Ono Community Center	0836-64-2024
Obayama Community Center	0836-31-3677
Tokiwa Community Center	0836-22-1455
Kawakami Community Center	0836-35-1150
Rinpokan Konan Hall and Konan Community Center	0836-41-8155
Nishiube Community Center	0836-44-0878

Kuroishi Community Center	0836-44-0881
Funaki Community Center	0836-67-1183
Magura Community Center	0836-67-0201
Kibe Community Center	0836-68-0001
Cultural and Educational Facilities	
Watanabe Memorial Hall	0836-31-7373
Library	0836-21-1966
Gender Equality Center for You	0836-33-4004
Welfare Fureai Center	0836-38-7000
(Multi-Generational Exchange Center)	
Kusunoki Sogo Center	0836-67-2812
Ube Coal Museum	0836-31-5281
Tokiwa Museum	0836-37-2888
Tokiwa Lakefront Hall	0836-51-7057
Act Village Ono	0836-64-5111
Kusunoki Komorebino-Sato	0836-67-2617
Historia Ube	0836-37-1400
Ginten Eco-Plaza	0836-39-8110
Manabinomori Kusunoki	0836-67-1277
Health and Medical Facilities	
Public Health Center	0836-31-1777
Holiday and Nighttime Emergency Clinic	0836-31-1099
Waste Treatment Facility	
Environmental Preservation Center	0836-31-3664
Florification Forthern	
Firefighting Facilities	0000 04 0444
Fire Department/Ube Central Fire Station	0836-21-6111

Gymnasiums/Athletic Facilities

Tawarada Memorial Gymnasium	0836-31-1506
Seibu Gymnasium	0836-21-9246
Budokan (Martial Art Gymnasium)	0836-35-4080
Kusunoki Youth Center	0836-67-2150
Higashikiwa Sports Plaza	0836-31-1507
Tobu Sports Plaza	0836-31-1507
Konan Sports Plaza	0836-21-9246
Kuroishi Sports Plaza	0836-21-9246
Kusunoki Sports Plaza	0836-67-2150
Kusunoki Nishiyama Sports Park	0836-67-2150
Kusunoki Tennis Court	0836-67-2150
UPR Stadium	0836-29-0089
Onda Sports Park Athletic Track Field	0836-31-1507
Onda Sports Park Multipurpose Ground	0836-31-1507
Chuo Park Tennis Courts	0836-32-7759
Chuo Park Japanese Archery Gym	0836-31-4548
Chuo Park Archery Gym	0836-31-1507
Tokiwa Park Multipurpose Plaza	0836-31-1507
Tokiwa Park Soccer Field	0836-31-1507
Sun Life Ube Gym	0836-22-0541
Pal Center Ube	0836-31-2212

7. Non-Municipal Consultation Services

- Yamaguchi Multilingual Consultation Center (within Yamaguchi International Exchange Association)

If you have any issues in your daily life, or trouble understanding anything (such as governmental procedures, anything related to labor, medical or welfare, birth or raising childing, education, or studying the Japanese language) we can provide support in over 20 languages and easy Japanese.



https://yiea.or.jp/consultation_center/

Yamaguchi Prefectural Government Miyano Office 2F, 3-2-1 Sakurabatake, Yamaguchi City 753-0021

Tel: 083-995-2100

- Foreign Residents Support Center (FRESC)

FRESC brings together government offices that support foreign residents living and working in Japan, provides consultation services for foreign residents, support for companies that want to hire foreign residents, and support for local governments that are working to support foreign residents.



https://www.moj.go.jp/isa/support/fresc/fresc01.html

Yotsuya Tower 13F, Yotsuya 1-6-1, Shinjuku Ward, Tokyo City 160-0004

Tel: 0570-011000

-Foreign Residents General Information Center

An information center that provides free consultations regarding visa applications and more at the Immigration Bureau.

https://www.moj.go.jp/isa/consultation/center/

Tel: 0570-013904



- Houterasu Multilingual Information Service

https://www.houterasu.or.jp/site/yasasiinihongo/tagengo.html

A general information center/consultation service established by the government for resolving legal problems.

Tel: 0570-078377 (From IP Phone 050-3754-5430)



- Yorisoi Hotline (General Incorporated Association, Social Inclusion Support Center)

https://www.since2011.net/yorisoi/n2/

Works with callers to find solutions to problems, whether the issues are related to work, daily life, emotional problems, family, money, or illness.

Tel: 0120-279-338



Foreign Language Human Rights Consultation Service (Ministry of Justice)
 http://www.moj.go.jp/JINKEN/jinken21.html

A telephone counseling service for people who have difficulty speaking Japanese.

Tel: 0570-090911



- Telephone Consultation Service for Foreign Workers (Ministry of Health, Labor, and Welfare) https://www.check-roudou.mhlw.go.jp/soudan/foreigner.html

Provides consultations for foreign workers, including explanations of laws and regulations on working conditions and referrals to relevant organizations. Support is available in 13 languages, including English and Chinese.



- AMDA International Medical Information Center

https://www.amdamedicalcenter.com/

To help foreign patients with visits at medical institutions, we provide multilingual information on medical institutions where foreign languages are spoken and information on the Japanese medical and welfare system.



- NPO Citizens Network for Global Activities (CINGA)

https://www.cinga.or.jp/

To all foreign residents,

When you are having trouble with your life in Japan, please reach out to us at CINGA.

Tel: 03-6261-6225



We have started social media accounts geared towards foreign residents living in Ube that share vital information about living in Ube city and more in "easy Japanese."



Facebook 「Ube City」



Instagram [@international.ube]

We would love hear your ideas via our questionnaire in order to further improve our "Living Guidebook for Foreign Residents." Thank you for your cooperation!



Ube City Tourism Exchange Division